

Carlisle Glass Longhorn
U7 Futsal League
Winter 2018/19

Team Information

Sunday

November 11th, 18th, 25th

December 2nd, 9th, 16th

January 13th, 20th, 27th

February 3rd, 10th, 17th

Venues	Times available for Fixtures
Caldew School Nelson Thomlinson	10.00am - 4pm 9.00am - 3pm

Venues must **NOT** be left unattended at any time.

CONTACTS

ROLE	NAME	TELEPHONE	
U7's Age Rep	Jackie Hayhow	07739533910	
Fixtures Secretary	Sharron Willis	01228594757	

Important Information

Please read the below information:

- ☒ The FA Respect campaign will be adhered to and the 'handshake' must take place prior to each fixture.*

- ☒ Both teams are responsible for communicating with opposing teams to confirm the fixture time and venue.*

- ☒ If for any reason a team cannot fulfill a fixture, the fixtures Secretary must be informed and where possible an alternative fixture will be arranged for the available team. The team that is unable to fulfill the fixture may be fined.*

- ☒ If teams do not communicate and do not fulfill their fixture, a fine may be imposed and the fixture will not be rearranged*

- ☒ Teams should familiarise themselves with the risk assessment and be aware of any issues on the day*

- ☒ All teams must have their First Aid Kit for each fixture*

- ☒ The 'home' team (1st mentioned on Fulltime) will provide 2 size 2 match balls.*

- ☒ The Referee will need to be organised by the home team – this can be a manager or ideally a young leader or referee. Managers may agree to referee a half each if preferable.*

- ☒ Please be aware that there will be limited spectator room at each venue*

BEGINNING & END OF EACH DAY

☒ Teams must not enter Caldew Sports Hall before 10.00 am or Nelson Thomlinson Sports Hall before 9.00am. The teams playing in the first fixture will need to erect the goals and make sure they are safe and secure (if this is required by the venue).

☒ Teams 'last on' **must** dismantle the goals and secure them to their fixings on the wall (if this is required by the venue). Teams must vacate Caldew Sports Hall by 4.00 pm and Nelson Thomlinson Sports Hall by 3.00pm. Teams failing to adhere to this requirement **WILL** be fined.

☒ Teams should be careful when erecting and dismantling the goals (if required) and follow the given instructions.

EACH FUTSAL FIXTURE

☒ Each Indoor futsal fixture will have a 40 minute slot. Teams must finish their game at 2 mins before the end of their slot, to allow time to vacate the hall and allow the next fixture to start on time.

☒ In this time, teams must warm up, play the fixture and warm down

☒ During the first slot and last slot, both teams must put up the 'Futsal Goals' and take them down (if required).

Results must be text to the age rep and Team sheets must be filled in for each fixture and returned to the Registration Secretary in line with league rules

Rules

Please see below for the basic rules that will be utilised for Carlisle Glass Longhorn U7 Futsal League.

The League is friendly and those involved are asked to be aware of the need for flexibility and common sense

The Pitch – Futsal is played on a marked pitch and the ball can go out of play. The perimeter of the pitch will be chosen by the teams setting out the pitch. This usually follows a ‘basketball court’ to allow room for spectators. Dimensions of the ‘ideal’ pitch are over the page. The dimensions of each pitch will depend on the space available in each sports hall.

The Ball – Size 2 Futsal balls must be used (all teams should have access to these)

Head Height – There are no restrictions (apart from the ceiling of the sports hall) as to how high the ball can be kicked. If the ball hits the ceiling, a kick in, in line with where the ball hit the ceiling is awarded to the opposition.

Rotating Substitutions – U7’s up to 10 players can be used in one match and there is no limit on how long a player must stay on or off the pitch. 50% rule still applies. Players must enter via the ‘substitution zone’ that is marked on the pitch in front of the team benches. Player and substitute to pass through the substitution zone simultaneously

Kick-ins – In order to restart the game after a ball has gone out of play the ball is kicked back into play from the touchline and from corners. The ball must be placed stationary on or behind the touchline and the standing foot of the player must not be on or over the line. A goal **cannot** be scored direct from a kick in or centre kick.

The 4 second rule - For kick-ins, free kicks, goal clearances and corner kicks the player in possession of the ball has 4 seconds to restart play which the referee will count with their fingers in the air. If play isn't restarted within four seconds an indirect free kick is awarded to the opposing team. The goalkeeper isn't allowed to control the ball for more than 4 seconds in their own half.

THIS RULE SHOULD BE FOLLOWED TO ALLOW PLAYERS TO UNDERSTAND.
HOWEVER DISCRETION IS NEEDED HERE.

The 5m rule – Players are required to keep 5m from the player in possession of the ball on free kicks, corners, goal clearances, kick-ins and penalties.

Goalkeepers – Goalkeepers are allowed to come out of and players are allowed to go into the penalty area. All goal clearances and distributions must be rolled out.

For U7 The opposition must retreat to the halfway line on **all** goalkeeper's clearances and distributions.

Accumulated fouls – Each team will be allowed to give away 5 direct free kicks in each half, then on the sixth foul a direct kick is awarded to the opposing team and the defending team is not allowed to position any players (other than the goalkeeper) between the ball and the goal. The kick may be taken from the 10m mark or, if the foul was committed closer to the goal than the 10m mark, then the kick may be taken from the position where the foul took place

Match Duration – Each indoor futsal fixture has been allocated 40 minutes in the sports hall. Under 7's: 5 min warm up, 15 minutes each way. 3 min half time change around

The clock does not stop counting down for any stoppages and when the 15 minutes is up, managers must turn their players around within the 3 minutes so the second 15 minutes starts promptly. Matches must end 2 minutes before the end of their slot, to allow time to vacate the hall and allow the next fixture to start on time. Please report to the Fixtures Secretary any team not vacating the hall at the correct time.

Sliding Tackles – Sliding tackles are **not** permitted in the Carlisle Glass Longhorn U7 Futsal League

Red Cards – If a player is sent off then the team to which the player belongs must remain with 4 players until either two minutes have passed, or the opposition have scored a goal

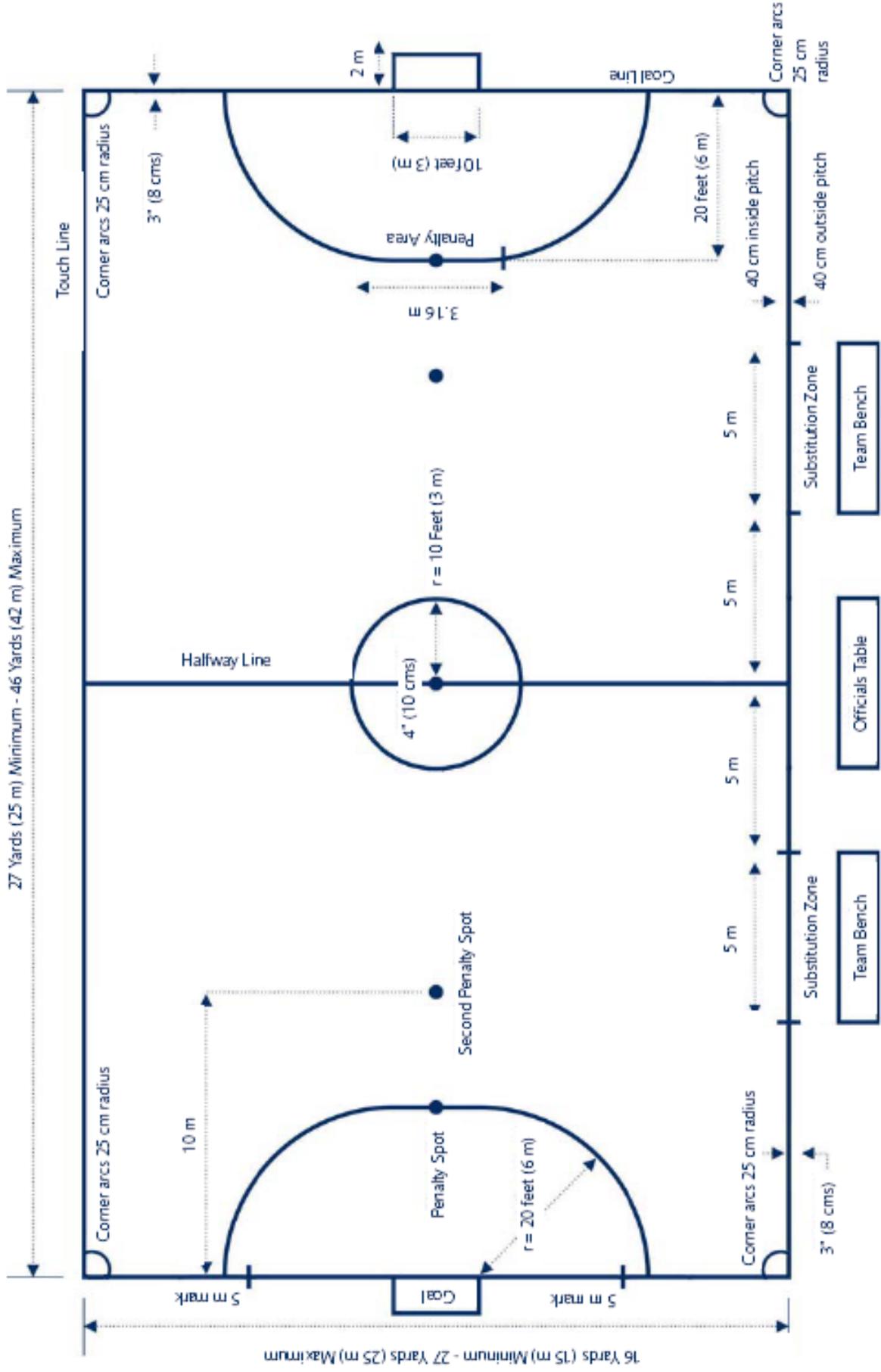
POWER PLAY LAW (Balancing Teams - Goal Deficit Rule)

During a match when the goal difference reaches 4, the losing team may field an additional player. If the goal difference reaches 6, the losing team may field another additional player (taking the total up to 2 additional players).

At the point the goal difference falls to 5 the losing team must withdraw one of their additional players. At the point the goal difference falls to 3 the losing team must withdraw their final additional player (this does not need to be the same player that was put on as an additional player)

What are the dimensions and markings of a Futsal Pitch?

If official dimensions are required, you are advised to use metric measurements.



Facility Terms of Hire for Caldew School

1. In the event of loss or damage occurring as a result of negligence or carelessness on the part of the organiser of the letting or the group on whose behalf the letting has been made, or where the school has grounds for presuming that the damage occurred at this time was not reported, the school reserves the right to make a charge to cover the costs of repairing the damage or making good the loss from the organiser or group.

2. The organiser must take appropriate precautions to ensure the Health and Safety of the members of the group making the letting. This includes being aware of the means of alerting the emergency services. A first aid kit should be provided by the organiser for all sporting or practical activities. 5-a-side goals must be tied to the walls (in the sports hall) with the ropes provided. Neither Caldew School nor the County Council has insurance cover for accidents to persons or damage to property. An events insurance must be obtained for an event held on the school premises and evidence of that insurance shall be shown to the Business Manager not less than 2 weeks before the date of the event. It is suggested that individuals take out personal accident cover when taking part in activities on the school premises.

3. The letting of sports pitches will be under the control of the Governors of the school who have the right, through the Business Manager to determine whether pitches are suitable for play. The school reserves the right to cancel a booking without compensation (but with letting fee refunded) where matches are cancelled for this reason. In the event of damage to a pitch which requires additional work by grounds man, paragraph one will apply.

4. The scale of fees for lettings shall be determined by the school taking into account the cost of providing the letting, including energy costs, cleaning costs, the equipment being used and the purpose for which the premises have been let. These fees will be calculated by the Governors of the school.

5. Organisations hiring facilities for commercial purposes will be charged an additional £5 per hour, per room etc. and where the school's televisions, videos,

or computers are used; there will be a charge of £2.50 per machine per hour. Lights are included, when required for all Astro Pitch bookings.

6. Extra charges for use of school equipment, e.g. stage lighting, video, TV, OHP, will be made. When making a booking, an organization must specify which, if any, equipment is used. **This must be operated by a competent person.**

7. **A 50% fee is payable in advance for all bookings.** Cheques should be made payable to Caldew School. **The remaining 50% is payable midway through the booking. For bookings of less than 4 weeks the full fee must be paid in advance.**

8. Sub-lettings are not allowed.

9. If an event finishes early, it is the responsibility of the organiser to inform the Site Manager so that the school may be made secure. If lettings over-run, then additional charges may be made at the discretion of the school. Organisations are not expected to enter the premises more than 10 minutes before the letting period except by prior arrangement with the Finance Clerk.

10. The school has no alcohol licence and hence bookings which involve the sale or distribution of alcohol will only be allowed if the organiser obtains the necessary licence. Prior agreement must be sought from the school governors.

11. Organisations are expected to leave the premises in a reasonable state following the letting.

12. Caldew School reserves the right to enter the land/premises at any time for its own use on giving reasonable notice.

13. Cancellations must be given a week's notice or organisations will be charged at full rate. This will not apply if the cause of the cancellation is for pitches being unfit for use or if due to any fault in the facilities.

14. Acceptance of the letting is conditional upon the agreement to the above letting conditions and taking all responsible steps not to infringe the law.

Detailed regulations for the letting of the school facilities are available from the Business Manager.

Fire Drill for Sports Hall

1. The person who discovers the fire should sound the fire alarm. These are located inside the sports hall near the end door leading to the outside concrete area and at the entrance of the sports block.
2. The leader of each group should then immediately evacuate their group to the grass area outside the sports block. A roll call should then be taken of the group, who must then inform the Centre Assistant that either all the group are accounted for or report the name of any missing person.
3. On hearing the fire alarm the Centre Assistant on duty should first check to make sure that it is not a false alarm – if it is not then they should dial 999 for the fire brigade. They should then proceed to the meeting point on the grass area. They should then ask a responsible member of one of the groups to go to the field gate to await the fire brigade in order to direct the brigade to the correct location. The Centre Assistant should then check with each group that all members are accounted for; if anybody is missing then he should note down the name and last known location of the person to give to the fire brigade when they arrive.
4. Nobody is allowed back in the sports facilities until the fire brigade state that it is safe to do so.
5. The Centre Assistant should also inform one of the key holders of the fire, as soon as it is practical to do so – as per list given by the Site Manager. **Please Note: The Centre Assistant's office is straight in from of you when you enter the sports block.**

Health and Safety Rules for Junior Groups using the Sports Hall

REMINDER

Group leaders and parents of children using the facilities at Caldew School are reminded that nobody should enter the sports hall nor go on any of the pitches until the leader of the group arrives. Parents are responsible for the safety of their child until the group leader arrives.

Neither Caldew School nor the County Council has insurance cover for accidents to patrons or damage to property. Each organization or individual hiring facilities is responsible for their own insurance and it is recommended that individuals take out personal accident cover when taking part in activities on the school premises.

Facility Terms of Hire for Nelson Thomlinson

The School reserves the right, given reasonable notice, to claim the Sports Hall for its own use, at the expense of the letting.

It is a condition of this lease/hire agreement that you, the hirer, understand and accept that the premises must be left in a clean and tidy condition. If any damage is caused, it must be paid for. If any defects are discovered, they must be reported to the Site Manager, Mr Graeme Wharldall, immediately.

As the hirer, fire safety and first aid procedures are your responsibility, including organising fire drills and ensuring that members know where fire exits and fire extinguishers are located. You are required to contact the Health and Safety Manager, Dawn Richmond, (or Mr S Rudd) prior to your first use for this specified lease, to familiarise yourself with the facilities.

Please forward a copy of any incidents/accidents to Dawn Richmond, Health and Safety Coordinator.