

Guidelines for U7's Managers

Note 5V5 format will be played in U7's leagues

5v5 pitch size (u7 & u8) Minimum – width 20 x length 30 & Maximum – width 30 x length 40 yds (half the 7V7 pitch). Does not have to be marked it can be coned.

Size of Footballs : size 3 outside, size 2 futsal ball indoors

Time of Match: 15 min e/w or 3 x 10 minutes all players who attend the match must play at least 50% of the game.

- Matches can be brought forward but can not be played after the Sunday the fixture was due to take place.
- Managers/Coaches on one side of the pitch, Spectators on the other side (Grass only)
- Respect/barrier or cones to be in place on spectators side of which spectators to stand behind.
- Players and managers/coaches Respect handshake to be done before and after the match.
- Home Managers to contact the away manager 72 hours before the fixture and time and date to be agreed by both
- Once fixture has taken place – Home and Away manager to text result to Jackie Hayhow 07739533910. If the fixture does not take place, both Home and Away manager still to text stating the reason why by 6pm on day of the game.
- Team sheet to be sent to league headquarters within 72 hours of the fixture
- If the fixture is not played because of the weather it will be postponed.
- If the fixture is not played because you can't field a team it will be cancelled and not rearranged.
- September – October will be outside on grass pitches, November to End of February the matches will be indoors in Sports halls under futsal rules. February to end of April will be outside.
- Players must wear shin pads at all times and suitable football boots when outside
- When playing Futsal indoors appropriate indoor footwear is required
- Sport Goggles to be worn if player wears glasses (league will pay £50 towards the cost)
- Each team nominate a referee who knows and understands mini soccer and futsal rules.

Match Guidelines

- Goal Kicks to be taken from the ground, If the keeper saves the ball it is still classed as in play and therefore the keeper can kick it out from his hands. If a player passes the ball back to his own keeper, the keeper **CANNOT** pick it up.
- Goal Kick Procedure – The Keeper of the defending team kicks the ball from any point within the penalty area. Opponents must retreat to their own half and can not cross the line until the ball is in play. The defending team does not have to wait for the opposition to retreat and has the option to restart the game before should they choose to. The ball is in play when it is kicked directly out of the penalty area
- Throw ins- Outside optional over the head or roll in, Indoor – Futsal to be kicked in off the floor
- Under 7's only: During all goalkeepers distributions of the ball, opposition players to retreat to the half way line
- Sliding tackles are allowed when playing mini soccer (outside)

Guidelines for 3G pens at Harraby

- Please respect the rules of the venue i.e. no smoking, chewing gum or blades
- Mark the area of the pitch with cones, leave yourselves enough space for throw ins. Bring goals out a little to determine the line for corners.
- If the ball hits the fence, it is out and normal mini soccer rules apply
- Spectators to be outside the pens, only coaches and players to be in the pens during the game
- An hour slot has been allocated which gives you ample time for warm up, and pens after the match, there is no need to arrive half an hour before your slot.
- If both teams mutually agree you can use a size 2 futsal ball