

Carlisle Glass Longhorn  
U8 Futsal League  
Winter 2019/20

Team Information

## Saturday

November 9<sup>th</sup>, 16<sup>th</sup>, 23<sup>rd</sup>, 30<sup>th</sup>

December 7<sup>th</sup>, 14<sup>th</sup>

January 11<sup>th</sup>, 18<sup>th</sup>, 25<sup>th</sup>

February 1<sup>st</sup>, 8<sup>th</sup>, 15<sup>th</sup>

Venues	Times available for Fixtures
Harraby Sports Hall	9.00am – 2.00pm
Nelson Thomlinson	9.00am – 2.00pm

Venues must **NOT** be left unattended at any time.

Managers will need to contact the age rep for the passcode for Nelson Thomlinson, this is for managers only and must **NOT** be given to parents

## CONTACTS

ROLE	NAME	TELEPHONE	
U8's Age Rep	Paul Carrigan	07583901524	
Fixtures Secretary	Sharron Willis	01228594757	

# Important Information

*Please read the below information:*

- ☒ The FA Respect campaign will be adhered to and the 'handshake' must take place prior to each fixture.*
  
- ☒ Both teams are responsible for communicating with opposing teams to confirm the fixture time and venue.*
  
- ☒ If for any reason a team cannot fulfill a fixture, the fixtures Secretary must be informed and where possible an alternative fixture will be arranged for the available team. The team that is unable to fulfill the fixture may be fined.*
  
- ☒ If teams do not communicate and do not fulfill their fixture, a fine may be imposed and the fixture will not be rearranged*
  
- ☒ Teams should familiarise themselves with the risk assessment and be aware of any issues on the day*
  
- ☒ All teams must have their First Aid Kit for each fixture*
  
- ☒ The 'home' team (1st mentioned on Fulltime) will provide 2 size 2 match balls*
  
- ☒ The Referee will need to be organised by the home team – this can be a manager or ideally a young leader or referee. Managers may agree to referee a half each if preferable.*

☒ *Please be aware that there will be limited spectator room at each venue*

#### *BEGINNING & END OF EACH DAY*

☒ *Teams must not enter Harraby Sports Hall or Nelson Thomlinson Sports Hall before 9.00 am. The teams playing in the first fixture will need to erect the goals and make sure they are safe and secure (if this is required by the venue).*

☒ *Teams 'last on' **must** dismantle the goals and secure them to their fixings on the wall. Teams must vacate Harraby Sports Hall or Nelson Thomlinson Sports Hall by 2.00 pm. Teams failing to adhere to this requirement **WILL** be fined.*

☒ *Teams should be careful when erecting and dismantling the goals (if required) and follow the given instructions.*

#### *EACH FUTSAL FIXTURE*

☒ *Each Indoor futsal fixture will have a 55 minute slot. Teams must finish their game at 5 minutes to the hour, to allow time to vacate the hall and allow the next fixture to start on time.*

☒ *In this time, teams must warm up, play the fixture and warm down*

☒ *During the first slot and last slot, both teams must put up the 'Futsal Goals' and take them down (if required).*

***Results must be text to the age rep and Team sheets must be filled in for each fixture and returned to the Registration Secretary in line with league rules***

# Rules

Please see below for the basic rules that will be utilised for Carlisle Glass Longhorn U8 Futsal League.

The League is friendly and those involved are asked to be aware of the need for flexibility and common sense

**The Pitch** – Futsal is played on a marked pitch and the ball can go out of play. The perimeter of the pitch will be chosen by the teams setting out the pitch. Blue Pitch markings to be used. This usually follows a ‘basketball court’ to allow room for spectators. Dimensions of the ‘ideal’ pitch are over the page. The dimensions of each pitch will depend on the space available in each sports hall.

**The Ball** – Size 2 Futsal balls must be used (all teams should have access to these)

**Head Height** – There are no restrictions (apart from the ceiling of the sports hall) as to how high the ball can be kicked. If the ball hits the ceiling, a kick in, in line with where the ball hit the ceiling is awarded to the opposition.

**Rotating Substitutions** – U8’s up to 10 players can be used in one match and there is no limit on how long a player must stay on or off the pitch. 50% rule still applies. Players must enter via the ‘substitution zone’ that is marked on the pitch in front of the team benches. Player and substitute to pass through the ‘substitution zone’ simultaneously.

**Kick-ins** – In order to restart the game after a ball has gone out of play the ball is kicked back into play from the touchline and from corners. The ball must be placed stationary on or behind the touchline and the standing foot of the player must not be on or over the line. A goal cannot be scored direct from a kick in or centre kick.

**The 4 second rule** - For kick-ins, free kicks, goal clearances and corner kicks the player in possession of the ball has 4 seconds to restart play which the referee will count with their fingers in the air. If play isn't restarted within four seconds an indirect free kick is awarded to the opposing team. The goalkeeper isn't allowed to control the ball for more than 4 seconds in their own half.

THIS RULE SHOULD BE FOLLOWED TO ALLOW PLAYERS TO UNDERSTAND.  
HOWEVER DISCRETION IS NEEDED HERE.

**The 5m rule** – Players are required to keep 5m from the player in possession of the ball on free kicks, corners, goal clearances, kick-ins and penalties.

**Goalkeepers** – Goalkeepers are allowed to come out of and players are allowed to go into the penalty area. All goal clearances and distributions must be rolled out.

**For U8** The opposition must retreat to the halfway line on all goalkeeper's clearances and distributions.

**Accumulated fouls** – Each team will be allowed to give away 5 direct free kicks in each half, then on the sixth foul a direct kick is awarded to the opposing team and the defending team is not allowed to position any players (other than the goalkeeper) between the ball and the goal. The kick may be taken from the 10m mark or, if the foul was committed closer to the goal than the 10m mark, then the kick may be taken from the position where the foul took place

**Match Duration** – Each indoor futsal fixture has been allocated a 55 minute slot in the sports hall. Under 8's: 15 min warm up, 15 minutes each way. 5 min change around

The clock does not stop counting down for any stoppages and when the 15 minutes is up, managers must turn their players around within the 5 minutes so the second 15 minutes starts promptly. Matches must end at 5 minutes to the hour, to allow time to vacate the hall and allow the next fixture to start on time. Please report to the Fixtures Secretary any team not vacating the hall at the correct time.

**Sliding Tackles** – Sliding tackles are **not** permitted in the Carlisle Glass Longhorn U8 Futsal League

**Red Cards** – If a player is sent off then the team to which the player belongs must remain with 4 players until either two minutes have passed, or the opposition have scored a goal

**POWER PLAY LAW** (Balancing Teams - Goal Deficit Rule)

During a match when the goal difference reaches 4, the losing team may field an additional player. If the goal difference reaches 6, the losing team may field another additional player (taking the total up to 2 additional players).

At the point the goal difference falls to 5 the losing team must withdraw one of their additional players. At the point the goal difference falls to 3 the losing team must withdraw their final additional player (this does not need to be the same player that was put on as an additional player)

## What are the dimensions and markings of a Futsal Pitch?

If official dimensions are required, you are advised to use metric measurements.



